

**To start:** A Glass of Chilled Orange, Grapefruit, Pineapple or Tomato Juice

Then your choice of: Cornflakes, Weetabix, All Bran, Muesli, Scottish Porridge, Various Yogurts, Fresh Melon, Stewed Prunes or Grapefruit Segments

**To follow:**

**Our Infamous 'Full Monty'!** - Grilled Bacon, Island Farm Egg (fried, scrambled or poached), Locally Made Pure Pork Sausage, Grilled Tomato, Fried Bread, Baked Beans, Award Winning Oakdale Black Pudding and Sautéed Mushrooms OR Any lesser combination from the above BUT – THIS IS DINOSAUR

**ISLAND – IF YOU ARE REALLY HUNGRY THEN FOR YOU IT'S**

**THE JURASSIC:** (The 'FULL MONTY' PLUS – Extra Egg/s, Sausage/s, Extra Anything/Everything/ Twice! – just ask!)

Or your choice of: Eggs (fried, scrambled or poached) on Buttered Toast Boiled Egg(s) and Soldiers Grilled Scottish Kippers (maybe a poached egg on top?) Softly Poached Fillet of Smoked Haddock (again, just maybe, a poached egg?) Fillet of Smoked Mackerel A Substantial Slice of Cold Home Cooked Gammon Ham Garnished with Tomato

**And with the above...**

Brown or White Toast served with Marmalade or Jam And A Pot of Freshly Brewed Tea or Filter Coffee (DeCaff Available) also Herbal & Fruit Teas)

**HOWEVER If you really feel like spoiling yourself, why not order our BUCK'S FIZZ BREAKFAST** (£3.00 Supplement per Person) Scottish Smoked Salmon with Herbed Scrambled Egg Served with a Bottle of Buck's Fizz at ½ Bottle per Person (Min. 2 Persons) **OR THE CHAMPAGNE BREAKFAST** As Buck's Fizz above – but no supplement – just buy the Champagne – please see over

**BUT, IF YOU REALLY INSIST!**

**The MONTRENE Continental:** Any of the Juices, Cereals and Fruits above then: Warm Croissants, Bread Rolls and Toast Blackcurrant or Raspberry Jam

N.B. Whilst we try to keep a little ahead we largely cook to order. Please therefore be patient if you have to wait for a few minutes before your breakfast arrives. If however you have a ferry to catch then please let us know and we will do our best to speed you on your way.

